



## Dual Handle Cardio Ball

\$12.00





## Description

Make the most of your limited workout window with our Dual-Handle Cardio Ball. The 15-lb ball maximizes the effort-impact to your abdominal, upper arm and lower-body muscles. It features a handle on each side for a firm, secure grip.

- Durable plastic shell with sand fill.
- Two handles.
- 15 lbs.

## Additional Information

|          |                       |
|----------|-----------------------|
| Activity | Gym, Athletic, Sports |
| Material | Plastic               |
| Gender   | Men, Women, Unisex    |
| Category | Cardio, Exercise      |